

Sun-Safe School Assessment

This is a printable version of the on-line Sun-Safe School Assessment. This tool has been provided to help you prepare to take the on-line assessment. Look these questions over, jot down some notes, and then take the survey on-line at www.SunSafeColorado.com to receive your school's sun safety grade and valuable feedback to help improve your school's sun safety.

Shade Action Questions

1. Your school grounds provide enough shade to cover ...
 - a. All of your students at one time
 - b. Most of your students at one time
 - c. Some of your students at one time
 - d. A few of your students at one time
 - e. None of your students
 - f. Not sure

2. Your students use available shade...
 - a. Always
 - b. Often
 - c. Sometimes
 - d. Rarely
 - e. Never
 - f. Not Sure

3. Your staff use available shade...
 - a. Always
 - b. Often
 - c. Sometimes
 - d. Rarely
 - e. Never
 - f. Not Sure

Clothing Action Questions

4. What percentage of **students** at your school wear **hats** outside?
 - a. 75-100%
 - b. 50-74%
 - c. 25-49%
 - d. 1-24%
 - e. None
 - f. Not Sure

5. What percentage of **students** at your school wear **sunglasses** outside?
 - a. 75-100%
 - b. 50-74%
 - c. 25-49%
 - d. 1-24%
 - e. None
 - f. Not Sure

6. What percentage of **students** at your school wear **shirts with sleeves** outside?
 - a. 75-100%
 - b. 50-74%
 - c. 25-49%
 - d. 1-24%
 - e. None
 - f. Not Sure

7. What percentage of **staff** at your school wear **hats** outside?
- a. 75-100%
 - b. 50-74%
 - c. 25-49%
 - d. 1-24%
 - e. None
 - f. Not Sure
8. What percentage of **staff** at your school wear **sunglasses** outside?
- a. 75-100%
 - b. 50-74%
 - c. 25-49%
 - d. 1-24%
 - e. None
 - f. Not Sure
9. What percentage of **staff** at your school wear **shirts with sleeves** outside?
- a. 75-100%
 - b. 50-74%
 - c. 25-49%
 - d. 1-24%
 - e. None
 - f. Not Sure

Sunscreen Action Questions

10. For outdoor activities (recess, outdoor field trips, P.E., sporting events, etc.), what percentage of **students** at your school bring **sunscreen** to wear?
- a. 75-100%
 - b. 50-74%
 - c. 25-49%
 - d. 1-24%
 - e. None
 - f. Not Sure
11. For outdoor activities (recess, outdoor field trips, P.E., sporting events, etc.), what percentage of **staff** at your school bring **sunscreen** to wear?
- a. 75-100%
 - b. 50-74%
 - c. 25-49%
 - d. 1-24%
 - e. None
 - f. Not Sure

Time Scheduling Action Questions

12. During what hours do most outdoor activities for **students** occur at your school?
- a. Before 10 a.m.
 - b. Between 10 a.m. and 2 p.m.
 - c. After 2 p.m.
 - d. Not Sure
13. During a typical school day, how much time, in total, do your **students** spend outdoors? (Include time outdoors before school, at lunch, in gym class or at recess.)
- a. 0-29 minutes
 - b. 30-59 minutes
 - c. 1-2 hours
 - d. More than 2 hours
 - e. Not Sure

Education Action Questions

14. What percentage of the **students** in your school receive some type of **sun safety education** during a typical school year?
- a. 75-100%
 - b. 50-74%
 - c. 25-49%
 - d. 1-24%
 - e. None
 - f. Not Sure
15. What percentage of the **staff** in your school receive some type of **sun safety education** during a typical school year?
- a. 75-100%
 - b. 50-74%
 - c. 25-49%
 - d. 1-24%
 - e. None
 - f. Not Sure

Shade Policy Questions

16. Does your school have a written policy that requires at least 25% of the school grounds used by students to be covered by **shade**?
- a. Yes, and the policy is effective.
 - b. Yes, but we are still working on meeting the goal of our shade policy.
 - c. No, but at least 25% of the school grounds used by students is covered by shade.
 - d. No, and less than 25% of the school grounds used by students is covered by shade.
 - e. Not Sure.
17. Does your school have a written policy that requires any plans for additions to or remodeling of your school to incorporate **shade structures or trees** for sun safety?
- a. Yes, and the policy is effective.
 - b. Yes, but the policy is not yet in effect.
 - c. No, but we currently incorporate shade structures for sun safety into all remodeling and building addition plans.
 - d. No, and we currently do not incorporate shade structures for sun safety into all remodeling and building addition plans.
 - e. Not Sure.

Clothing Policy Questions

18. Does your school have a written policy or dress code that prohibits students from wearing hats, sunglasses, or sun-safe clothing outdoors?
- a. Yes
 - b. No

19. Does your school have a written policy that encourages **students** to wear sun-safe **hats** when outdoors?
- Yes, our policy requires students to wear sun-safe hats before they can go outdoors.
 - Yes, our policy encourages students to wear sun-safe hats when outdoors.
 - No, but students are encouraged to wear sun-safe hats when outdoors.
 - No, and students are not encouraged to wear hats when outdoors.
 - Not sure.
20. Does your school have a written policy that encourages **staff** to wear sun-safe **hats** when outdoors?
- Yes, our policy requires staff to wear sun-safe hats before they can go outdoors.
 - Yes, our policy encourages staff to wear sun-safe hats when outdoors.
 - No, but staff are encouraged to wear sun-safe hats when outdoors.
 - No, and staff are not encouraged to wear sun-safe hats when outdoors.
 - Not sure.
21. Does your school have a written policy that encourages **students** to wear **sunglasses** when outdoors?
- Yes, our policy requires students to wear sunglasses when outdoors.
 - Yes, our policy encourages students to wear sunglasses when outdoors.
 - No, but students are encouraged to wear sunglasses when outdoors.
 - No, and students are not encouraged to wear sunglasses when outdoors.
 - Not sure.
22. Does your school have a written policy that encourages **staff** to wear **sunglasses** when outdoors?
- Yes, our policy requires staff to wear sunglasses when outdoors.
 - Yes, our policy encourages staff to wear sunglasses when outdoors.
 - No, but staff are encouraged to wear sunglasses when outdoors.
 - No, and staff are not encouraged to wear sunglasses when outdoors.
 - Not sure.
23. Does your school have a written policy that discourages **students** from wearing **shirts without sleeves** (such as tank-tops, halter tops, midriffs, etc.)?
- Yes, our policy prohibits students from wearing shirts without sleeves.
 - No, but students are discouraged from wearing shirts without sleeves.
 - No, and students are not discouraged from wearing shirts without sleeves.
 - Not sure.

Sunscreen Policy Questions

24. Does your school have a written policy that encourages **students** to use **sunscreen** for **everyday activities** at school?
- Yes, our policy requires students to bring sunscreen to school.
 - Yes, our policy allows students to bring sunscreen for their own use at school and/or allows student to use sunscreen provided by our school with written parent permission.
 - No, but students are encouraged to use sunscreen at school.
 - No, and students are not encouraged to use sunscreen at school.
 - Not Sure
25. Does your school have a written policy that encourages **students** to use **sunscreen** for **special outdoor activities and field trips**?
- Yes, our policy requires students to use sunscreen during outdoor activities and field trips.
 - Yes, our policy requires that sunscreen reminders be included in permission slips for outdoor activities and field trips.
 - No, but students are encouraged to use sunscreen during outdoor activities and field trips.
 - No, and students are not encouraged to use sunscreen during outdoor activities and field trips.
 - Not Sure.
26. Does your school have a written policy to encourage **staff** to use **sunscreen**?
- Yes, our policy encourages staff to use sunscreen and it is effective.
 - Yes, our policy encourages staff to use sunscreen but it is not yet in effect.
 - No, but staff are encouraged to use sunscreen.
 - No, and staff are not encouraged to use sunscreen.
 - Not Sure.

Time Scheduling Policy Questions

27. Does your school have a written policy that discourages students from being outside between 10 a.m. and 2 p.m.?
- Yes, our policy states that outdoor events should be scheduled before 10 a.m. or after 2 p.m. whenever possible.
 - Yes, but our policy is not yet in effect.
 - No, but our school schedule keeps students indoors between 10 a.m. and 2 p.m.
 - No, and many of our outdoor events are scheduled between 10 a.m. and 2 p.m.

28. Does your school have a written policy that encourages special outdoor events (such as field trips, concerts, sporting events, ceremonies) to be held before 10 a.m. or after 2 p.m.?
- a. Yes, our policy states that outdoor events should be scheduled before 10 a.m. or after 2 p.m. whenever possible.
 - b. Yes, but our policy is not yet in effect.
 - c. No, but our school schedule keeps students indoors between 10 a.m. and 2 p.m.
 - d. No, and many of our outdoor events are scheduled between 10 a.m. and 2 p.m.

Education Policy Questions

29. Does your school have a written policy, curriculum, or health education standard that requires **sun safety education** for **students**?
- a. Yes, our policy states that all grades receive sun safety education.
 - b. Yes, our policy states that at least one grade receive sun safety education.
 - c. No, but many teachers conduct sun safety education with students.
 - d. No, and sun safety education is not currently conducted at our school.
30. Does your school have a written policy that requires **sun safety education** for **staff**?
- a. Yes, our policy states that all staff be given sun safety education.
 - b. Yes, our policy states that any staff member who spends at least one hour outside during the course of their workday be given sun safety education.
 - c. No, but our school offers sun safety education to our staff.
 - d. No, and sun safety education is not currently offered for our staff.